# Why Incorporating Sustainability and Resiliency into Your Design is the Right Decision

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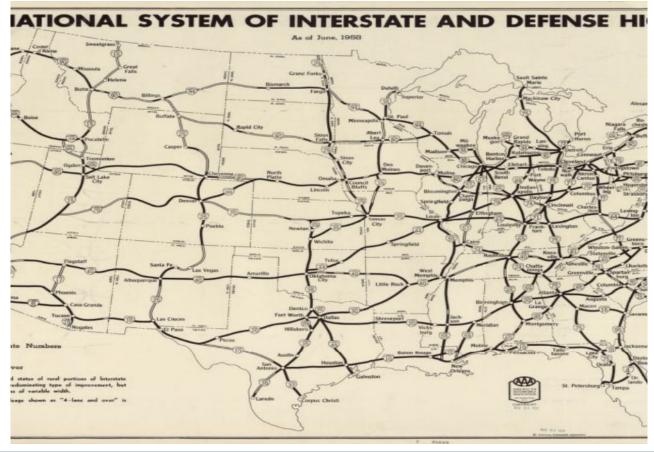
#### Imagine a world without infrastructure:

- Transportation
  - Sustenance
  - Shelter
  - Expertise
- Energy

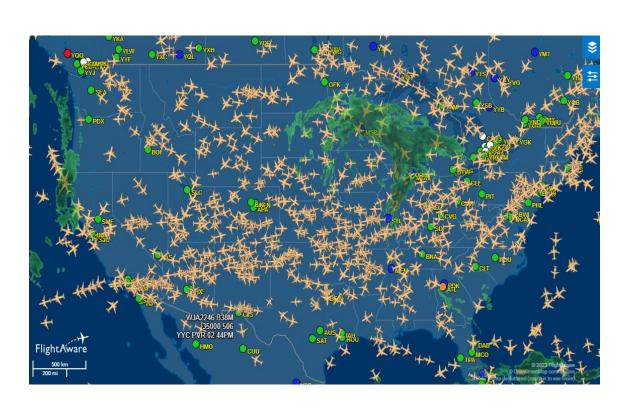


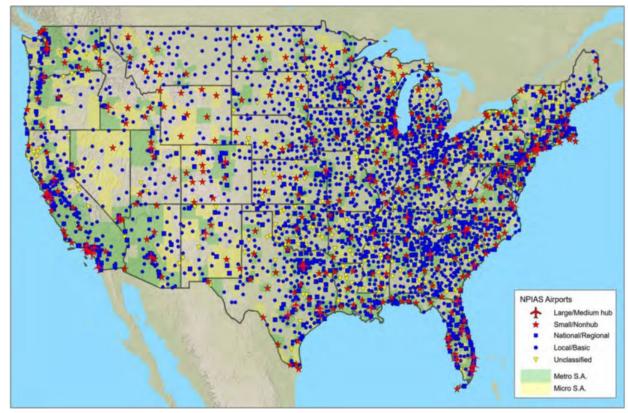
Transportation effects are non-trivial





Transportation effects are non-trivial





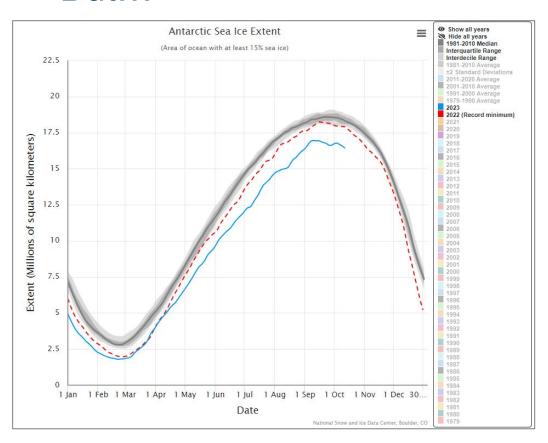
Imagine infrastructure without concrete

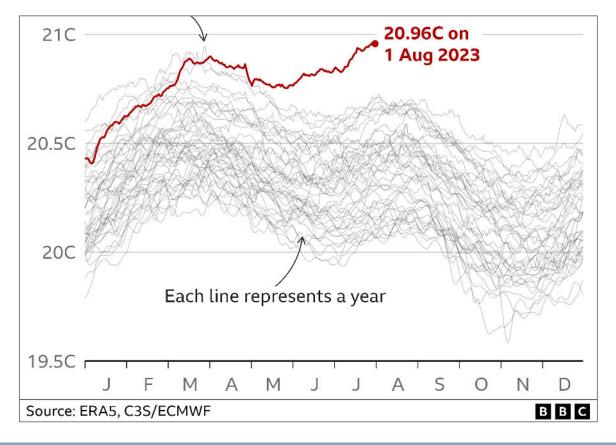




#### So lets keep building!

• But...

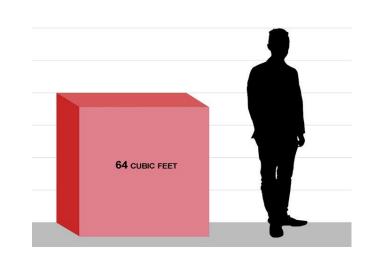




# Why Sustainability?

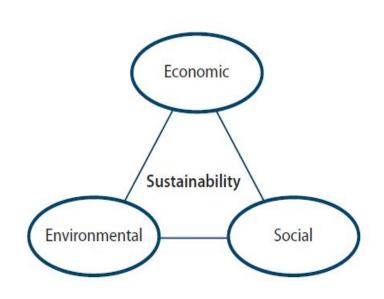
- 30 billion tons of concrete is used each year worldwide
- ~1/4 ton CO<sub>2</sub> per person per year

We need a lot of concrete So the impact is high



# Sustainability?

- Economics still rule
- Learning about social impacts
- Carbon
  - Concrete production creates a lot of carbon
  - Federal Government is pressing to reduce the impact
    - At construction
    - Over its life



## **Industry Response**





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#### Who Me?

Change is hard – but possible

Iowa DNR

#### Where Does the Carbon Come From

- Heating the kiln
  - Can and has been reduced
- Decomposing limestone rock
  - Must be balanced

- Traffic
  - Good design
  - Good construction
  - Cut carbon by ½





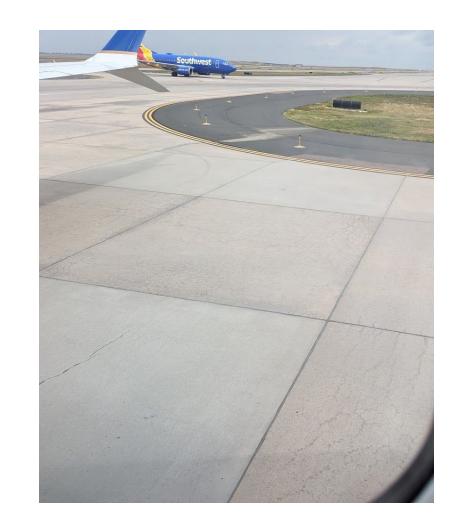
#### How?

- What can we do to reduce impact?
  - Use less concrete
  - Use less binder in the concrete
  - Use less clinker in the binder
  - Reduce construction impacts
  - Reduce user impacts



#### Use Less Concrete in the Structure

- Avoid replacing it
  - Longer lasting
  - Use existing equity of older pavements (overlays)
- More efficient designs
  - Beware of rules of thumb, and cut-and-paste



#### Use Less Binder in the Concrete

#### Many specifications call for more than needed

	Conventional	Optimized		
Cement	400	351		
SCM 1	170	150		
SCM 2	0	0		
Coarse Agg	457	662		
Fine Agg	1171	1303		
Intermediate 1	1167	954		
Intermediate 2	244	254		
Water	228	200		
Air	7.0	7.0		
Total	3837	3874		
Cementitious	570	501		
vp/vv	208	180		
w/cm	0.40	0.40		
% SCM 1	30	30		

	Conventional	Optimized		
Slump	2.0	2.0		
HRWRA	2.0	2.3		
Air content	6.8	7.0		
Box	1 - 0	1 - 0		
Initial set	6:27	6:12		
Strength at 7	3,340	3,650		



#### Use Less Cement in the Binder

- Supplementary cementitious materials
  - Enhance performance
  - Increase longevity
  - Reduce disposal headaches
- Ternary combinations
- Harvested fly ash



#### Use Less Cement in the Binder

- Other SCMs
  - Recycled Ground Glass, ASTM C1866
  - Locally processed waste products ASTM C 1709



#### Use Less Cement in the Binder

- Portland Limestone Cements
  - Up to 15% ground limestone
  - Similar performance
  - Becoming the norm
- Non-portland cements
  - Geopolymer cements / Activated fly ashes
  - Calcium sulfo-alumina-cements



place in Colorado in 2007.

This MAP Brief is intended to review experience with this product over the past 10 years regarding the following:

1. Acceptance of the product by specifying

To date, over 900 lane miles of highway

paving has been completed with PLC in Colorado, Utah, and Oklahoma. The focus

of this paper is the performance of these

The cement industry is a significant pro-

ducer of CO2. For every ton of Portland

cement produced approximately 1,800 pounds of CO2 are released. Growing concerns over the environmental impacts

of building materials has been one of the

PLC. PLC cements containing up to 15%

limestone can reduce carbon footprints up

to 10% compared to ordinary portland ce-

Limestone, often considered an inert filler

when added to portland cement, is not

completely chemically inert and contributes to the development of the concrete's

microstructure (FHWA 2011). Limestone

size when interground, thus producing an

limestone particles act as nucleation sites

improved particle size distribution. The fine

driving forces for the development of

2. Growth in production

pavements in service.

ment (OPC).

3. Performance in the field

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Senior Market Manager

SPONSORS Federal Highway Administratio

vement Research and chinology (CP Read Map) is a

increasing the hydration rate of the calcium silicates at early ages. Finally, limestone reacts with the aluminate phases to form carboaluminate phases. The extent of this reaction can increase with the fineness of the limestone and when PLCs are combined with fly ash or slag.

Specifically, the physical mechanisms in clude enhanced particle packing and paste density due to the enhanced overall cement particle size distribution and the "nucleation site" phenomenon-when small limestone particles are suspended in paste between clinker grains and become intermediate sites for calcium silicate hydrate crystal growth. which improves efficiency. The chemical mechanisms include limestone, which contributes calcium compounds to the solution for hydration interaction, and calcium carbonate, which reacts with aluminate compounds to produce durable mono- and hemi-carboaluminate hydrate crystals.

Previous research has shown that certain properties of the concrete could be negatively impacted with above 15% limestone

Although somewhat new in the United States, some European countries have been using PLC since the 1960s. According to Cembureau (2012) PLC accounts for 25% of the cements produced in Europe. In 2005, the first commercial production of PLC in the United States was completed and sold under the A.S.T.M. C1157 performance-based specification for hydrau lic cement.

PLC has been used by the ready mix and precast concrete industries. PLC has been used in thousands of cubic vards of concrete for commercial and residential projects.

#### **Use Low-Carbon Cements**

- Test sections built at MNRoad
  - Assess CO<sub>2</sub> savings
  - Measure performance under traffic
  - 16 sections
    - Control and optimized mixtures
    - Reclaimed fly ashes
    - Carbon injection
    - Innovative SCMs



#### Put the Carbon Back!

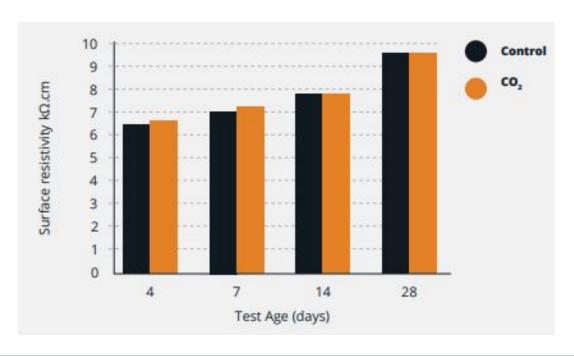
#### Natural carbonation

- Slow
- Dependent on environment
- Can compromise steel protection
- Can be accelerated with grinding



#### Put the Carbon Back!

- Inject carbon dioxide into concrete in the mixer
- CO<sub>2</sub> is mineralized then converts to solid CaCO<sub>3</sub>
- Reported to improve permeability

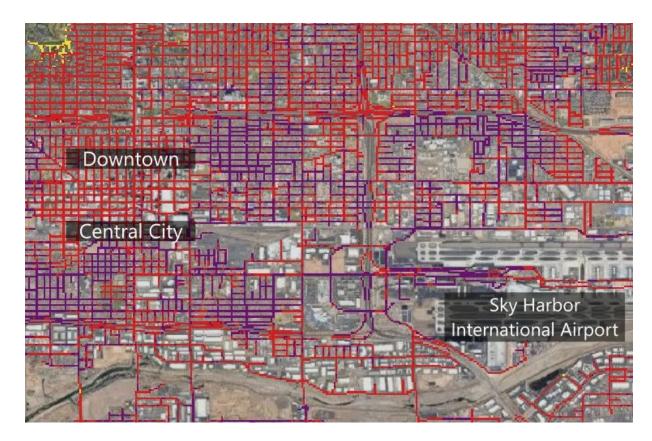


#### Other Factors

- Recycled Concrete Aggregate
- Albedo (heat island)

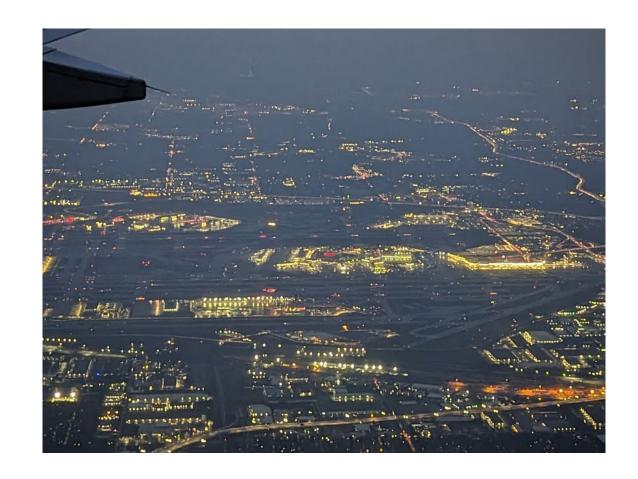
"Surprisingly, the hottest land surface temperature within Phoenix was recorded not on a street or sidewalk but at Sky Harbor International Airport, where it reached a scorching 140°F (60°C)".

Resilience



#### Construction

- Haul distance
- Disturbance
  - Noise
  - Dust
  - Access



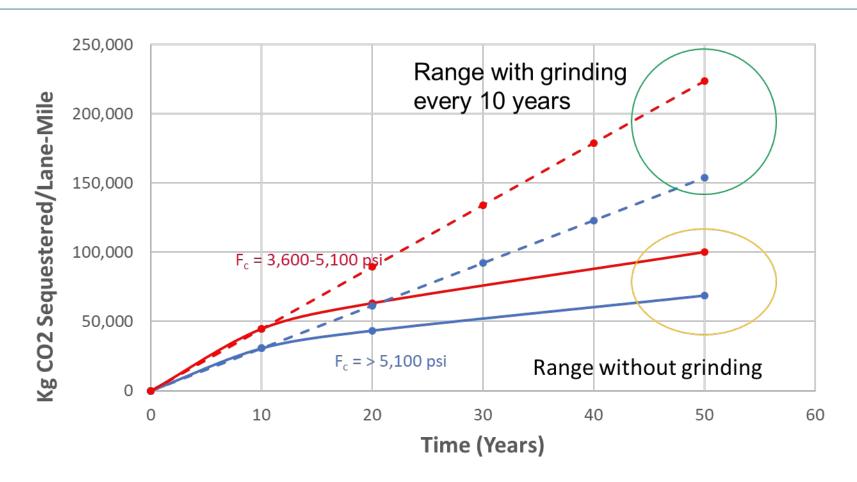
### Preservation - Concrete overlays

- Existing pavements get old and tired
  - We can toss them out and start again
  - We can patch them

We can overlay them



#### Reducing Use Phase Impacts – With Preservation

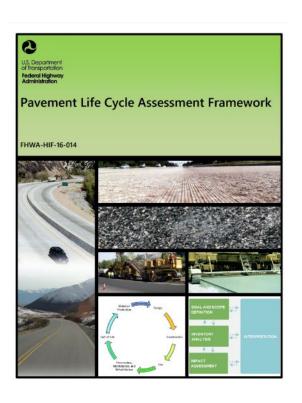


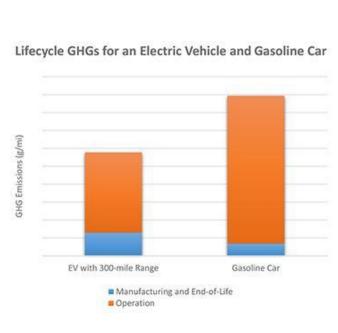


Additional Diamond Grinding also improves vehicle fuel efficiency due to improved smoothness and increases Albedo resulting in even greater GHG reductions

#### Measurement

Life-cycle assessment (LCA)







#### Measurement

#### EPDs are coming

		Minimum	Maximum	3001- 4000-00- FA/SL	3001- 4000-20- FA	3001- 4000-30- FA	3001- 4000-40- FA	3001- 4000-30- SL	3001- 4000-40- SL	3001- 4000-50- SL	6001- 8000-50- FA/SL
Core Ma	indatory Impact I	ndicators									
GWP	kg CO₂e	261.19	426.75	426.75	365.48	332.37	297.41	327.67	294.65	261.62	261.19
ODP	kg CFC11e	7.84E-06	1.11E-05	1.11E-05	9.56E-06	8.73E-06	7.84E-06	1.01E-05	9.75E-06	9.41E-06	8.49E-06
AP	kg SO₂e	0.99	1.33	1.33	1.17	1.08	0.99	1.28	1.26	1.25	1.12
EP	kg Ne	0.37	0.55	0.55	0.48	0.44	0.40	0.45	0.41	0.38	0.37
POCP	kg O₃e	21.38	28.22	28.22	24.98	23.23	21.38	25.58	24.70	23.82	22.20
ADPf	MJ, NCV	1,522.19	2,229.70	2,229.70	1,921.20	1,754.51	1,578.49	1,850.63	1,724.28	1,597.92	1,522.19
ADPe	kg Sbe	2.44E-04	3.69E-04	3.69E-04	3.25E-04	3.02E-04	2.77E-04	2.94E-04	2.69E-04	2.44E-04	2.46E-04
FFD	MJ Surplus	143.16	180.58	180.58	162.85	153.28	143.16	172.58	169.91	167.24	154.43



# In Summary

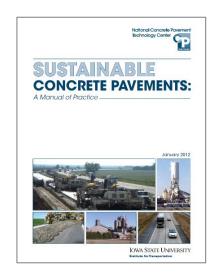
	Measurable	Phase	Impact	Who	Side effect	Cost	When
Efficient designs	Yes	Construction	Point of delivery	Agencies	None	Reduced	Now
Reduce cement content	EPD	Construction	Point of delivery	All	None	Reduced	Now
PLC	EPD	Construction	Point of delivery	All	None	Reduced	Now
Cement footprint	EPD	Construction	Point of delivery	Cement	None	Reduced	Later
Increased SCM	EPD	Construction	Point of delivery	All	None	Reduced	Now
Carbon injection	??	Construction	Point of delivery	All	None	-	Now
Non-portland	EPD	Construction	Point of delivery	All	Cost	Increased	Later
Construction practices	Yes	Construction	Point of delivery	Contractor	None	Reduced	Now
Recycling	Yes	Construction	Point of delivery	All	Reduced disposal	Reduced	Now
Smoothness	Yes	Use phase	Reduces others' footprint	Contractor	Improved safety	Reduced	Now
Albedo	Yes	Use phase	Reduces others' footprint	Agencies	Cooler city	Reduced	Now
Lighting	Yes	Use phase	Reduces others' footprint	Agencies	Improved safety	Reduced	Now
Long life	Yes	Use phase	Later	Agencies	Improved safety	Reduced	Now
Carbonation	Yes	Use phase	Later	All	None	-	Later
Sequestration	Yes	Use phase	Later	All	None	Increased	Later

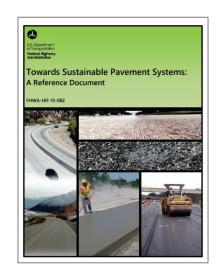
# In Summary—Why Incorporating Sustainability and Residency in into Your Design is the Right Decision

- This is not new
- Can save money
- Improve Performance
- Increase Longevity
- The RIGHT thing



Is this really a zero-emission vehicle?

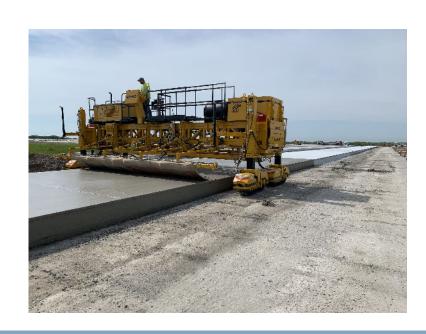






#### Where next?

- Keep encouraging the community to adopt change
  - Prepare for EPDs
- Keep working on:
  - Alternative materials
  - Developing the tools to quantify concrete in the field
  - Building long lasting / low impact pavements



#### So...

- Some things we can change now
  - Make better concrete
  - Make better pavements
  - Reduce our carbon footprint
- Others will take time



The Difficult We Do Immediately.
The Impossible Takes a Little
Longer





National Concrete Pavement Technology Center

IOWA STATE
UNIVERSITY

Institute for Transportation



Dr. Peter Taylor, P.E.

C.P. Tech Center